

HUNDRED FLOWERS

LIBRARY
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1970

VOLUME ONE NUMBER 18

NORTH COUNTRY

FRIDAY SEPTEMBER 4, 1970



A HUNDRED FLOWERS BLOSSOM—LET A HUNDRED SCHOOLS OF THOUGHT CONTEND

DON'T GO BACK TO SCHOOL

Regina Community Media
Project
210 Northern Crown Bldg.
Regina, Sask., Canada



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"The Board of Education requires me to give you some basic information on sex, reproduction and other disgusting filth."

SUPPRESSED:

HUNDRED FLOWERS

Last Saturday Tom Utne, Rosemary Pierce and friends sold papers outside the state fair aware that the fair was private property. When we tired of selling, we paid in and carried our bundles into the Electric Fetus booth in the Teen Fair, as they handle HUNDRED FLOWERS as a regular course of business. No papers were sold inside the fairgrounds by individual peddlers.

Monday, August 31, we returned and resumed selling outside. St. Paul police claimed jurisdiction over the sidewalk surrounding the grounds and, after calling the St. Paul city attorney, informed us we were under protection of the law so long as we were selling outside. The relations with the St. Paul police were cordial.

Again we tired of selling papers after several hours. Tom Utne paid in with his papers which he carried unconcealed to the Teen Fair, hoping to find a place to check them. Jim and Diane, proprietors of the leathercrafts booth, took all of Utne's papers, and sold him, payable on return five discounts tickets to the outside gate. We were never able to return.

We entered the fair again and were promptly met by a Maplewood police officer who told us we couldn't sell the papers on the fairgrounds. "We know" we informed him, and proceeded towards the Teen Fair. We were stopped, however, outside the Teen Fair which is across the street from the fairgrounds police department, and were brought to a room where we were given a series of lectures by a series of police officers:

- 1) we were told that we could sell only outside and not inside (We said we were complying with that).
- 2) they said they couldn't find the law, but that we couldn't sell within six blocks of the fairgrounds.
- 3) they finally read the law, but made no mention of a six block limit.
- 4) We were told we could pick up our papers that night when we left.
- 5) Later they told us not to pick up the papers until after the fair was over.

- 6) Then they said we would need a court order or show other just cause in order to get the papers back.
- 7) Finally, they said that since we were "in violation", we would be transported outside the fairgrounds.

"We're gonna let ya off easy and not bring ya to court," said a police officer.

Four other salesmen for HUNDRED FLOWERS were involved by this time.

They were all strangers to us. One, an ex-Explorer (Boy Scout) in his old uniform, was stopped inside the Teen Fair and told he couldn't wear the uniform, then brought in and told he couldn't sell HUNDRED FLOWERS. The three others had sold none inside or outside and were merely on their way into the Teen Fair when stopped.

All of our names were taken, all our 300 papers were confiscated, and all of us were transported outside the gates in a paddywagon. One state highway patrolman told us not to make an issue out of this since the fair would be soon over.

Later, all HUNDRED FLOWERS were illegally confiscated from the Fetus and Leathercrafts booths.

Lawyers from the Minnesota Civil Liberties Union (MCLU) have taken up the case. HUNDRED FLOWERS intends to sue the State of Minnesota for damages.



Sculpture

MINNEAPOLIS, U.S. District Judge Edward Devitt refused to issue a temporary restraining order which would allow "Spirit of '76" back in the State Fair Art Exhibit. The sculpture showed a dynamite box, an American flag, a Molotov cocktail and a clenched fist. Leland Fletcher's work won an honorable mention but was deemed too dangerous for the fair.

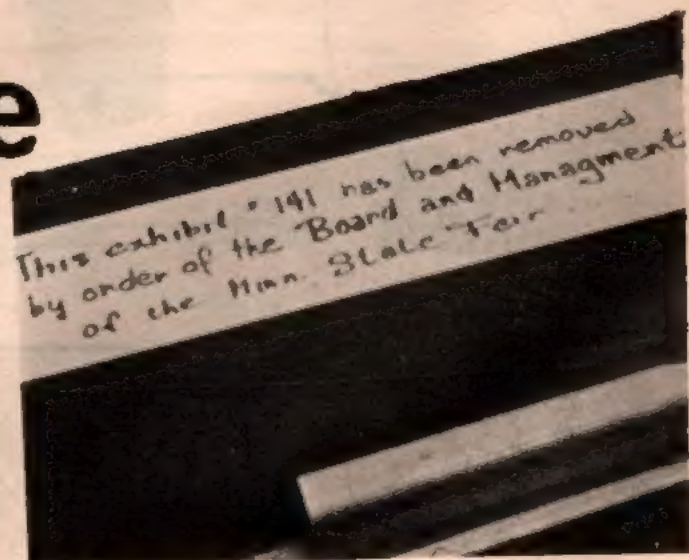
WHAT
GOES
UP



MUST
COME
DOWN!

Painting

Police sensitivity to attacks on corporate and governmental buildings has led them to baffling extremes in North Country this week. An exhibition of environmental sculpture was opened Monday in vacant lots and on college campuses across the Twin Cities. The Walker Art Center and the Minnesota State Arts Council have jointly sponsored the project entitled, "Nine artists, nine spaces". William Wegman's contribution is a 42 foot long rendering of the famous Foshay Tower lying on its side. The title plate states, "What goes up, must come down." The mammoth painting was on display across the street from Middlebrook Hall on the West Bank campus. Wednesday morning it disappeared. Suspected culprits are the U. of Minnesota police. Hundred Flowers contacted them Wednesday afternoon and they became very reluctant to discuss the rip-off, but indicated the "offensive material" was in their custody. Does art define the future? The police apparently feared it, would not and could not allow such terrifying artwork to remain on display. As Hundred Flowers goes to print, Wegman's leveled tower remains a cultural-polical prisoner of the U. of M. police. Power to the Artists! Free the people's art!!



NEW YEARS GANG



The FBI identified four young men charged in Federal warrants in connection with the bombing last week of the Army Research Center at the University of Wisconsin. Sought on charges of sabotage, destruction of Government property and conspiracy are (left to right) Karleton Lewis Armstrong, 22, former student; his brother, Dwight Alan Armstrong, 19; and David Sylvan Fine, 18, night editor of the student newspaper at the university. The fourth man, Lee Frederick Bart, is not shown. And nobody knows where they went to. . .

LOCAL NEWS

MINNEAPOLIS TO HAVE ITS OWN COUNTER-REVOLUTIONARY FORCE

The Minneapolis Police Department's Planning and Research Division has proposed creation of a "Special Forces" Division within the Department to cope with bombings, riots and civil disorders. A copy of the proposal has been sent to Mayor Charles Stenvig (who probably asked that it be drawn up).

The proposal recommends combining the present Tactical Squad, Two-man dog handling team, the bomb squad, the underwater recovery unit and the Civil Defense Sergeant into one Division. Also included would be four three-man anti-sniper teams. These will, no doubt, be marksmen of the caliber of the men that assassinated Carl and Fred Hampton. The report said, "Additional training is needed to cope with today's trend toward Revolutionary tactics."

ST. PAUL, MEANWHILE BACK AT THE BOMB SITE

St. Paul Police continue their investigation into the three explosions which rocked the downtown area Tuesday. Police are holding a young suspect in the case. The explosions occurred at the Burlington Northern Building, near a warehouse and at the Gulf Oil Co. Police say it might have been a diversionary tactic for a stick-up, or it might be connected to the blasts at Dayton's and the Federal Building in Minneapolis.

Two Killed in U.S. Embassy Bombing



ATHENS, Police are examining the wreckage of a car in the American Embassy parking lot after an explosion ripped apart two cars and killed two people. The blast knocked out some of the Embassy's windows but the building escaped severe damage. Looks like they didn't quite get it out of the car.

PEOPLE

RISING



HOW U.S. OIL COMPANIES DIVIDE UP SOUTHEAST ASIAN WATERS

AND THE ASIAN RESPONSE (AS STATED BY MAO)

Riding roughshod everywhere, U.S. imperialism has made itself the enemy of the people of the world and has increasingly isolated itself. Those who refuse to be enslaved will never be cowed by the atom bombs and hydrogen bombs in the hands of the U.S. imperialists. The raging tide of the people of the world against the U.S. aggressors is irresistible. Their struggle against U.S. imperialism and its lackeys will assuredly win still greater victories.

"Statement Supporting the Panamanian People's Just Patriotic Struggle Against U.S. Imperialism" (January 12, 1964), *People of the World, Unite and Defeat the U.S. Aggressors and All Their Lackeys*, 2nd ed., pp. 9-10.



EMBLEM OF LENIN AS A CHILD; GIFT TO NORTH COUNTRY BY RUSSIANS



RUSSIANS AND FREEK CULTURE

Five Russian Communists were touring through Minneapolis last week and they really dug the plastic shopping centers. How do we relate to that?

The Russians asked us who the ideologues of the American youth movement are and we answered rock music. How do they relate to us?

These Russians, who had come to the U.S. with the American Friends Service Committee, dug the SST, Neil Armstrong, and more technology. And we dig old buildings, making whole-wheat bread, and making music. They are trying to increase production and we are trying to break away from a technopathic society. They feel, for example, that ecology means more technology (pollution control equipment) and we feel that ecology means lifestyle change (different goals, different values).

How do we relate? We relate since the Russians are our sisters and

brothers. They've come a long way from a bad starting point in spite of a total economic boycott from the West and a devastating world war. They've developed a social consciousness and a collective attitude which makes American bourgeois concern for the individual self and money look like shit, which it is.

We had to explain what the treadmill and the rat-race are, and no doubt one day they'll learn this for themselves, but in spite of these false goals, and the repression and imperialism (which we shouldn't overlook) the Russians do have an experimental society worth watching.

Take Ecology again. While the Russians still do have an engineering mentality, there is no profit motive to reinforce it. While their industry causes pollution, the government doesn't have to fool around with dozens of powerful, deceitful corporations to achieve a clean up.

We should watch the Russians. And

they should watch us. We tried to explain what the counter-culture was and sometimes they began to understand. "Ah," said Sasha, who was reading a freek underground paper, "I see. You are revolting against everything. You want to be free in every respect."

Right on. The Russians will learn eventually. And they will be in a better place then to build on than we are now. What the Russians really need to do is drop acid.



UP ALL OVER



DOMINICAN REPUBLIC

CHILI

The eyes of the world are on Chili today (Friday) as citizens there go to the polls to hopefully vote in a Marxist government. Opinion polls indicate that the vote will be very close, but that a Communist-Socialist ticket has a good chance of winning.

The race is divided between three candidates.

The Marxist is Sen. Salvador Allende, one of the most popular men in Chili. Allende is perhaps the most widely known non-Cuban Communists in Latin America today. He is regarded as a good public figure, even among the rightists. He has promised to eliminate U.S. domination over Chili's foreign trade and exchange, a prospect which has horrified American businessmen there.

The right wing offers Jorge Alessandri, a popular businessman who has been running a law and order campaign, warning of a Commie "dictatorship." He is an authority figure supported by businessmen and various white collar personnel and professionals.

The incumbent Christian Democratic Party (PDC) is running Radamiro Tomic, a former ambassador to the U.S. The PDC is a European-like social democratic party, which has helped Chili become one of the few stable democracies in Latin America. It is a reformist party which has been led by President Eduardo Frei, who has served his legal term and now must step down. The PDC has succeeded in nationalizing parts of the copper industry and in breaking up large landholdings, but is plagued with inflation, taxes, poverty, and bureaucracy. Tomic has promised to continue the reformist course, but with increased movement to the left. One of his problems is that he's a sort of Hubert Humphrey who lacks his own politics and popularity after serving as a functionary for the party so long. At any rate, he isn't much a hope for U.S. imperialism either.

In 1958, Chili came within 33,000 votes out of 1,250,000 cast of electing a Marxist government. Recently more than 10,000 postal workers went on a nationwide 72 hour strike, demanding higher wages. In the last few weeks peasants have been taking over land on their own initiative. The ruling class of Chili is reportedly moving its money out of Chili into Swiss banks.

Bourgeoisie, bourgeoisie,
See how they run,...

Young radicals were systematically assassinated in the Dominican Republic for several weeks before Joaquin Balaguer assumed the presidency Aug. 16. At least 60 assassinations of young revolutionaries have taken place since the elections last May. One of the victims was an Otto Morales, who had surrendered unarmed to heavily armed police, who announced a few hours later that he had been killed in a furious gun battle at his apartment.

URUGUAY

U.S. "police advisor" Dan Mitrione "used torture" in his function as trainer of Uruguayan police forces according to a former secret police chief. Mitrione, who was kidnapped and killed Aug. 10 by the Tupamaro guerillas, had been hired by the Uruguayan government to teach the newest American techniques of repression to put down the popular revolt. Student demos and bombings continue in spite of heavy police presence. On Aug. 13, some 500 students demonstrated in downtown Montevideo in memory of a student leader killed two years ago by police. On the same day firebombs exploded in two banks in the suburb of Pocitos.

ANGOLA

The Popular Movement for the Liberation of Angola (MPLA) continues to advance towards the South Atlantic coast driving the Portuguese colonial army out of several towns. The U.S. trained Portuguese army is retaliating by spraying cultivated areas in the liberated zones with toxic chemical defoliants. The MPLA charged the intention is "to decimate the civilian population through destroying the land and causing widespread starvation." No doubt the chemicals used are similar to the defoliants used in Vietnam, which cause human birth deformities and are banned within the U.S.

The liberation of Angola and the other Portuguese colony of Mozambique are considered almost prerequisites for the liberation of racist South Africa.

SOUTH KOREA

Citizens in South Chungchong province cut railway control telephone lines recently completely paralyzing U.S.-Seoul war maneuvers for an unspecified amount of time.

PERU

The International Red Cross announced that the People's Republic of China was the second largest contributor in the world to the victims of the recent earthquake in Peru. The largest contributor by a small margin was Japan. Amerika, which controls 70% of the world's wealth came in a poor third.

Peru, due to heavy U.S. investment has increased its fisheries to be one of the world's largest producers of fish. Two-thirds of the fish catch goes to the U.S. where it is used as fertilizer and animal feed. The other third goes to Europe, also as fertilizer. Meanwhile Peruvians starve.

VIETNAM

A poll conducted recently by the U.S. embassy in Saigon reveals the depth of anti-American feeling even in the "pacified" areas. The results of the poll were first suppressed by Ambassador Bunker, but were made public by Sen. Stephen Young. The results: 5% of the Vietnamese want the Americans to stay, 30% had no opinion, and 65% want the Americans out now or sooner.

ALL OF THE ARTICLES ON THESE
PAGES ARE INTERCONNECTED. AS
DOW CHEMICAL PROCLAIMS BELOW,
AMERICAN BUSINESS AND THE
U.S. MARINES GO HAND IN HAND



We've been "career" since 1917.

When the U.S. went to war in 1917, The Dow Chemical Company—just a raw recruit compared to worldwide chemical cartels—supplied much of the phenol, chloroform and tetrachloride that helped us win the war. Ever since, Dow has been supplying the U.S. Marines with some of the material that helps make it one of the best fighting outfits on earth. Congratulations, Marines, on your 194th birthday. The Dow Chemical Company, Midland, Michigan 48640.

Dow

THE MINISTER OF DEFENSE SPEAKS

THE WHOLE WORLD REVOLUTION WILL BE KICKED OFF...: AN INTERVIEW WITH HEUY P. NEWTON
LIBERATION NEWS SERVICE

NEW HAVEN, Conn. (LNS) The following interview was conducted by John Bancroft and David Fanton of Liberation News Service on August 21 in New Haven. Huey had just spent the day in court; he watched the close of the Lonnie McClucas trial, and met with Bobby Seale for the first time in three years. Charles Garry, Huey's lawyer was also present.

LNS: What kind of reaction did you get to your letter to the Party about Gay Liberation and Women's Liberation?

HUEY: They were very happy that this should come from the Party, out of all people --- people seem to be very surprised.

LNS: Who was that?
HUEY: The women's liberation people. They were very happy that the party was attempting to relate to them. Within our party we're not completely rid of male chauvinism (laughter). I think that we're trying, we're making an honest effort. Women in our party can participate at any level in the party. We're constantly fighting those bourgeois attitudes of male chauvinism. We are advancing, we try to keep our ranks open -- there are women ministers in the party. All women are trained, just as the men, with the revolutionary tool. At every level I think that the women should be included.

LNS: Do you think that women should be among the troops that are being sent to support the Vietnamese?
HUEY: Women definitely will go.

LNS: Do you think there's a revolutionary potential for youth culture, or do you think that it is a kind of sidetrack?
HUEY: Well, I think that the drug culture and the drop-out movement is in a transitional stage. I think that the youth will drop out and then they'll start dropping in again after they see they can't find any peace by separating. I think that the youth movement at this time is another manifestation of the separatist idea that many black nationalists preached just a few years ago. The youth drug culture is another manifestation of this -- you know, like 'we'll get out of the whole thing.'

But we're starting to find out that we can't separate, because imperialism won't allow us to separate. Imperialism won't allow developing countries some 10

or 15,000 miles away to live in peace, and they've already separated even on a geographical level. If imperialism won't let these countries be free 15,000 miles away, it surely won't let a group of people right here in North America separate.

We won't find any salvation until we're rid of the ruling clique within this country. Then there won't be any need to separate at all anyway -- matter of fact the whole concept of nationalism will be settled.

Right now the Black Panther Party supports all nationalist wars of independence, because we feel that these countries have not exploited any one, and they are nationalists on a self-defense basis. They have a right to independence. But we view them as no more than liberated territory or a base to operate from in order to destroy imperialism.

TWO VIEWS: VIOLENCE!

From the quotations of Mao Tse Tung, The Red Book:

"Every Communist must grasp the truth, 'Political power grows out of the barrel of a gun.'"

"We are advocates of the abolition of war, we do not want war; but war can only be abolished through war, and in order to get rid of the gun it is necessary to take up the gun."

"Revolutions and revolutionary wars are inevitable in class society and without them, it is impossible to accomplish any leap in social development and to overthrow the reactionary ruling classes and therefore impossible for the people to win political power."

"The seizure of power by armed force, the settlement of the issue by war, is the central task and the highest form of revolution."

OR

Questions to think about: What are we eventually after? A peaceful state of mind and being where everyone is equal and free? How can this be achieved through violence? If we plant a bomb that injures or destroys a life, then aren't we doing exactly the thing we're fighting against? What different are we then from the pig who cracks a skull or drops bombs on villages?

You can quote Mao all you want but remember, once you pick up the gun, you can never put it down again and who wants peace looking down the barrel of a gun???

"But if you go carrying pictures of Chairman Mao, you ain't gonna make it with anyone anyhow." ---John Lennon

Revolution

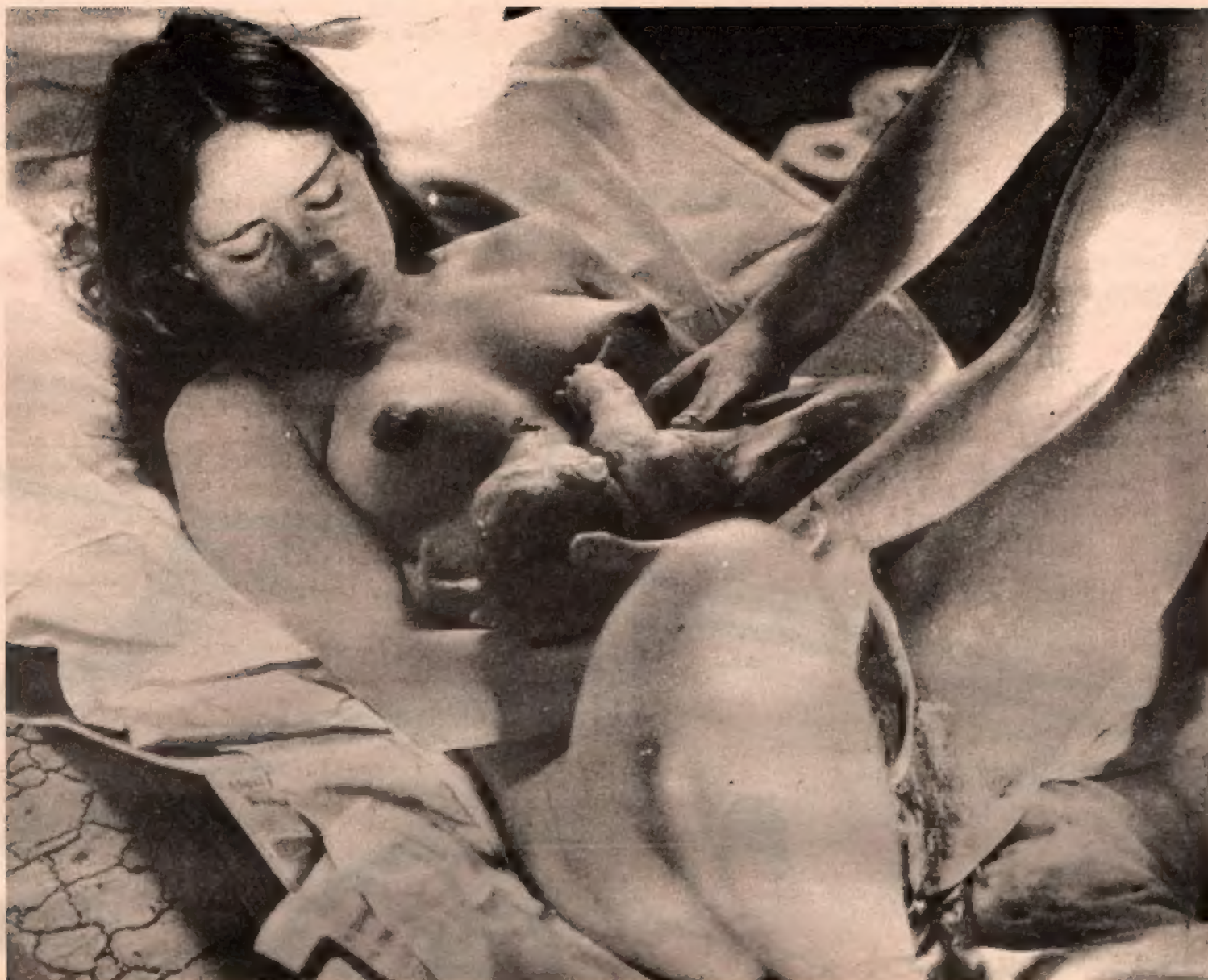
Ever since the sun went into Virgo, a time for introspection and self-criticism, HUNDRED FLOWERS staffers have been debating the issue of violence versus nonviolence. The two views are briefly stated above for you to think about.

WHERE DO YOU STAND?

"I am
WE"



NIXON SAID SOME PEOPLE "TEND TO GLORIFY AND MAKE HEROES OUT OF THOSE WHO ENGAGE IN CRIMINAL ACTIVITIES."



SPECIAL

HUNDRED FLOWERS

four page

SUPPLEMENT

SEX

In every woman's body there is a basin-shaped ring of bone forming the lower part of the body. This is called the pelvis. It supports the spine and is made up of the hip bones and a layer of muscle and supporting tissue forming the pelvic floor. The pelvis may be thought of as the prenatal cradle, for nestled in this framework the baby spends his first nine months of life and growth.

The uterus or womb lies in the pelvis between the bladder and the large bowel. The uterus is a hollow muscular organ about the size and shape of a pear and it weighs only 1 and one-half ounces. The uterus rests on the pelvic floor and the cervix or neck of the uterus opens into the birth canal, that is, the vagina. A fallopian tube extends outward from each side of the upper end

of the uterus. These tubes are three or four inches long and have fringed ends which can move freely. Under the ends of the tubes are the ovaries. These little organs about the size and shape of almonds are attached to surrounding tissues.

At regular intervals--about two weeks before menstruation starts--one ovary releases an egg cell, that is, an ovum, which is picked up by a fallopian tube and is carried towards the uterus. During the formation of the ovum, the lining of the uterus prepares to receive it. If fertilization does not take place, the lining of the uterus breaks down and flows away carrying the ovum with it. This process is called menstruation.

Male cells are called sperms. When they are placed in the upper part of the vagina during sexual intercourse, they move through the uterus and the tubes to meet the ovum. When one of the sperms unites with the ovum a new cell has formed and a new life has begun.

Immediately this new cell begins to multiply, first into two cells, then into four, then eight, sixteen, thirty-two and so on. This fertilized ovum makes its way into the uterus where it becomes lodged in the lining of the uterus which has been prepared for it.

From this tiny beginning the process of nature sets in motion a whole series of changes which will end in due time . . . in the birth of a baby.

Lucille
(in her ninth month)

SPERM SWIM
TOWARD EGG

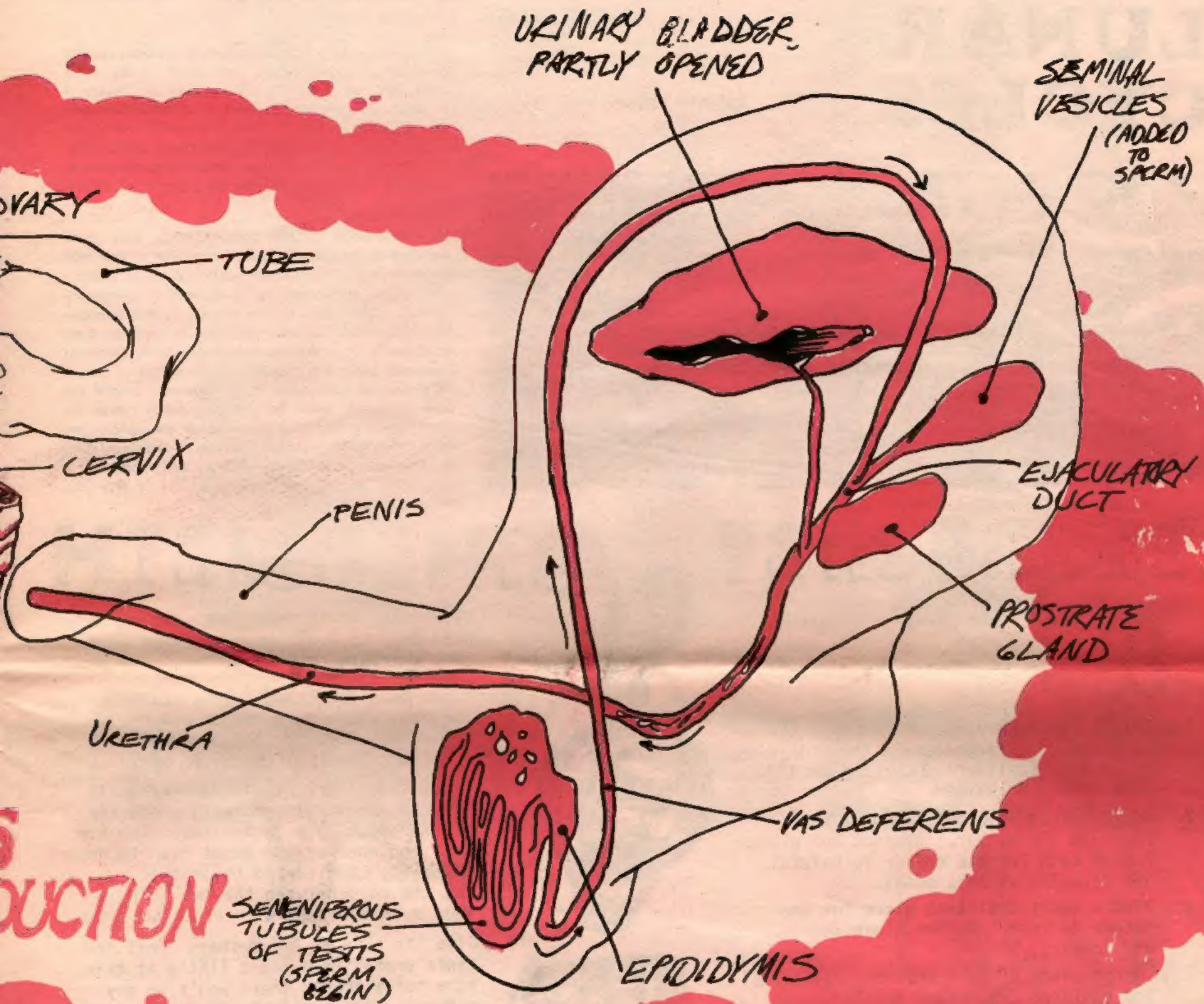
FIMBRIA

VAGINAL
OPENING

ONLY
ONE SPERM
ENTERS



Scorpio
KULES
REPRO



T. UTAH

FERTILITY and LUNAR CYCLES

POSITIVE SIGNS

Aries, Gemini, Leo,
Libra, Sagittarius, Aquarius

NEGATIVE SIGNS

Taurus, Cancer, Virgo,
Scorpio, Capricorn, Pisces

A Czechoslovakian psychiatrist and gynecologist, by name Dr. Eugen Jonas, has provided the latest and possibly the most dramatic scientific proof for the effects of the moon on the cycle of human fertility. After years of research both among medieval manuscripts and in the laboratory, and after overcoming official bureaucratic and professional objections to conducting studies of an astrological nature, Dr. Jonas was permitted to publish his work. We may summarize his findings as follows:

1) The ability of a mature woman to conceive reaches its maximum under exactly that phase of the moon which prevailed on the day she was born. 2) The sex of the child thus conceived depends on whether the moon is in a positive or negative field of the ecliptic (i.e., sign of the Zodiac) at the time of conception; and 3) The viability (life and health expectation) of the embryo is influenced to a great extent by the positions of certain other planets at this time.

The results of this brilliant study were made available to the scientific community prior to the 1968 Soviet invasion of Czechoslovakia and could scarcely have been encouraged by a repressive, reactionary political regime such as now prevails in that unhappy land. Dr. Jonas has been successful in applying these principles so as to increase or decrease the likelihood of a woman becoming pregnant. If she wishes to have a child she has intercourse most frequently around the time of month when the transiting moon makes the same aspect to the transiting sun which was made by her natal moon to her natal sun. This law virtually supersedes the popularly accepted medical view that conception is most likely ten to fourteen days before or after the menstrual period.



EMERGENCY

CHILDBIRTH

What to do.

1. Childbirth is a very natural event (in case you have forgotten in these days of surgical deliveries). Let nature be your guide and helper.
2. At the first signs of labor be HAPPY. Reassure the mother. Respect her wishes. A warm bath for the mother is helpful and relaxing at this point.
3. Find a quiet sheltered place for the mother to rest. Gather clean sheets and towels.
4. The presence of calm friends, relatives, and children can often be helpful. Use common sense and the mother's wishes to decide who should be there.
5. Have hands as clean as possible.
6. Encourage mother to just let the contractions come rather than tensing up and fighting them.
7. Help mother relax between contractions to gain strength for the next one.
8. Tell mother to push the baby out only when her body tells her she must.
9. Encourage mother to relax lower portions of womb because it must stretch to allow the baby to pass through. Her body's birth instincts will be expelling the baby at this time and if she's tense below she will be straining against herself. Victorian repressions tend to make this a problem in our culture.
10. As baby's head begins to emerge massage the perinium (muscle between vagina and rectum) and the lips of the vagina to further relax this area. This will reduce or eliminate tearing.



11. Catch baby as it comes out. Hold baby head down to drain mucous. Make sure baby's breathing O.K.
12. Place baby face down across mother's abdomen. Make sure mother and child are warm. Wait for the next few contractions to expel the after birth.
13. After the afterbirth is delivered tie off the umbilical cord with a sterile string about four inches away from the baby and another one about four inches along the cord toward the mother. Cut the cord between the two strings with a sharp sterile razor or scissors.
14. Give the baby to the mother. Most infants prefer to nurse a little at this time for although there won't be any mother's milk available for a few days a little sucking now will help put the baby in touch with mother again. After all, mother and child have been literally one for nine months. Keep mother and child together touching skin to skin. Congratulate the mother!

What to avoid.

1. Avoid hurrying labor or delivery.
2. Avoid pulling the baby during delivery or pulling the afterbirth after birth. The mother's body will expel them quite naturally of its own accord.
3. Avoid cutting the umbilical cord before the afterbirth has been delivered.

The birth of a child any place anytime is a beautiful sacred moment. Share this gratefully with the mother and celebrate the new child.

MINNESOTA FREE UNIVERSITY

free
you...

FREE UNIVERSITY FINANCES FOR JUNE		
INCOME		EXPENDITURES
subscriptions	\$16.00	Editor-typist \$20.00
special gifts	5.00	Layout artist 10.00
		\$21.00 Sec.-Treas. 6.00
		Press supplies 5.67
NET LOSS		Office expenses .30
	\$21.27	\$41.97

FREE UNIVERSITY FINANCES FOR FISCAL 1970 (July 1969-June 1970)		
INCOME		EXPENDITURES
Patrons	\$295.00	Editor-typist \$180.00
Subscribers	122.00	Sub. Secretary 143.50
Other gifts	100.27	Layout artist 90.00
Advertising	62.15	Office expenses 81.76
		\$579.42 Misc. print. exp. 72.97
NET LOSS FOR YEAR		Layout supplies 40.98
	\$29.79	\$609.21

PEACE COLLEGE

The Peace College is beginning to move into new areas, but they don't know just what yet. If you are interested in participating, call Jan Lee, 378-0326.

Alternative Education Festival

EDUCATION EXPLORATION CENTER

The EEC was formed by Twin Cities students, parents, and teachers to improve and humanize education. It has basically two functions:

1. Bringing people together--helping educational innovators get together to share their ideas and experiences (both good and bad) by providing a place for informal rap sessions and more organized workshops and student-teacher-parent dialogues.
2. Bringing information together--creating a media center for information on educational innovation in the public schools and other learning environments (eg free schools, street academies) and publishing a newsletter for the exchange of ideas, proposals, and plans concerning change in education and to facilitate organizing to bring about these changes.

If you would like to receive the newsletter, write:
Education Exploration Center
3104 16th Avenue South
Minneapolis, Minnesota 55407
or call: EEC, 722-1332, 1:00-3:00 PM, M-F
Diane Connel, 729-6474
Gerry Bergin, 825-2597

THE FREE UNIVERSITY COORDINATING COMMITTEE (AUG.)

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NEW RULE FOR FEE CHARGING COURSES

Beginning this month, Free U courses which charge a fee will have to pay to publish in the Free You. The rate is flexible: The amount charged for one student, the regular advertising rate (50¢ per square inch), or any round number in between. \$25 maximum per issue for any individual or organization.

NORTH COUNTRY FESTIVAL

for ALTERNATIVES IN EDUCATION

The Education Exploration Center will hold the North Country Festival for Alternatives in Education on Oct. 2, 3, 4 at Macalester College in St. Paul.

The festival will be very diversified and open, and much of the planning will be done on the site in order to meet the needs of all the people who come. It will be an opportunity to learn, to share, to experience, and hopefully to create new ideas and directions, new combinations of people and new enthusiasms.

People from all over the country will be participating in the festival. George Dennison, author of *The Lives of Children*, will be there, as will Charles Wein-gartner, author of *Teaching as a Subversive Activity*, but the main focus of the festival will be on the Upper Midwest. Dr. Donald Glines from the Mankato Wil-son Laboratory School will be with us and many, many more interesting and provocative people who will lead workshops and rap sessions. Formation of spontaneous groups will be encouraged.

Of course, a festival is more than just work and idea-swapping. We intent to have a ball! If you would like to join us write:

Education Exploration Center
3104 16th Avenue South
Minneapolis, Minnesota 55407
or call:

EEC, 722-1332 between 1:00-3:00 M-F

EXPERIMENTAL COLLEGE

The faculty of the Experimental College being set up by the University of Minnesota has been tentatively selected (nothing official yet) and student-faculty talk groups are being set up. Chances are good that something will be in operation in the fall. If you are interested in being a student in the Experimental College, call Kurt Meyers at the Living Learning Cen-ter, 373-9906, immediately.

Women's Struggle

On August 26th the women in Amerika went out on strike. Their demands were:

1. Free and legal abortions on demand.
2. Free day-care centers open 24 hrs. a day.
3. Equality in jobs and education.

The struggle is intensifying on a lo-cal and national level.

Venceremos. . . We Shall Win

Please that man
of yours!

DROP
DEAD!

BARBECUE with RAGU



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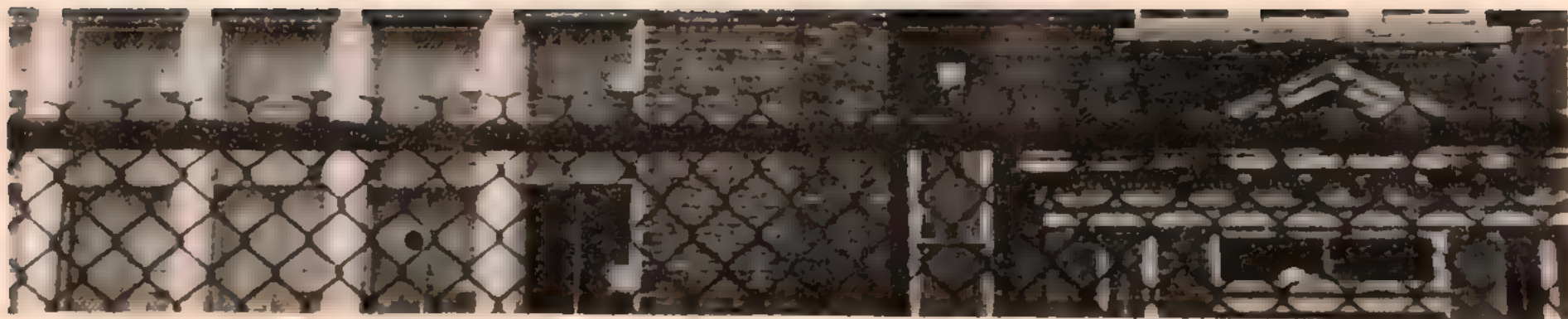
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COME IN AND BROWSE

27th & NICOLLET



SCHOOLS

are bad places

for kids

What's really happening in our schools today?
Why is it that the average I. Q. of the high school drop-out is higher than that of the high school graduate?

Think about it.

Parents, regimented into meaningless lonely lives, spend less and less time with their children. Their children are sent to schools to be taught by "experts," bussed off to institutions that can't even pretend to take responsibility for their development. The school's primary concern is 1) controlling and bottling up of energy, and 2) preventing any significant change in social values.

You learn how to function, how to take tests, how to cheat, how to get away with all that you can—how to get by. You spend most of your time simply waiting for something to happen. As depressing as the meaninglessness of our educational system is, it is nonetheless, appropriate socialisation for the vast majority of our young people, suiting them perfectly for the alienation and meaninglessness of most work today.

How do we go about changing the situation our children are facing today? The obvious solution is the destruction of the system that breeds competition, greed and the contradictions of Capitalism and Imperialism. But we can't wait and we should not wait. We must begin now to create something new and healthy and good for our children and ourselves.

If you're in school now, DROP OUT.

If you're a parent with kids in the public schools, take them off the treadmill. Relate to them. Be honest with them. Refuse to pretend that contradictions don't exist. Know that all social institutions today are compromises and reforms. But don't stop there. Start your own school, or help in one of the free schools already started. Refuse to feed your kids into the war machine or to train them to live meaningless lives doing meaningless jobs for a meaningless profit motive. Let them learn real co-operation and the joy it can bring. Teach them self-discipline and help them to learn self-criticism. Let them learn by living and have faith in them. Share with them what you know and give them all the feedback that they need. Free them and yourself from the loneliness of individualism: let them become a part of a group of loving, sharing peers and older people.

Kids know instinctively that life is a struggle, but what they need to know is that it can be beautiful and creative and free. Be optimistic. The world that is dying is sick with cynicism and despair—the new world we must build needs your revolutionary faith, hope and love.



SOMEDAY the SCISSORS will be recognized as the SYMBOL of our educational system!



You take them as SMALL CHILDREN and spend YEARS destroying their natural instincts! STIFLING their innate curiosity! SMOTHERING their creative talents!



Slowly, painstakingly you BEAT them into a faceless mold! POUND the mythology of the corporate-military state into their numbed minds! HOUND them into blind acceptance of AUTHORITY!



But ALWAYS you're ASKING yourself is it REALLY WORKING? Am I REALLY destroying their native capacity for HUMAN DIGNITY? Am I REALLY turning them into PAVLOVIAN AUTOMATONS?



And then one day some kid grows his HAIR long in a last, sputtering attempt at SELF-EXPRESSION! You grab your SCISSORS and HACK it off and watch him slink WEIMPERING back to class and (choke) you KNOW that you've WON!



You know why TEACHING is such a REWARDING profession? Because every so often something WONDERFUL happens that lets you know all the STRUGGLE and SACRIFICE has been WORTH WHILE!

Free School Directory

Some of the Free Schools in the area are

Second Foundation	City School
Bob and Judy Vincent	Michael Walsh
561-9738, 421-6599	722-6236
4 thru High School	3 to High School
Community School	Freedom House
Larry Olds	Northeast Nghbrhd Hse.
226-9122	789-2459
High School	City Hill School
Minnesota Summerhill	City Hill Drop-in Center
Cortland Smith	724-2117, 729-9601
474-5439	High School
5 thru High School	
Phoenix School	
Julie	
724-6520	
5 thru High School	

Diana Connel, of the Upper Midwest Education Exploration Center, when asked about the State's policy on accreditation, said, "There's no such thing." The actual requirements are something like you have to teach in English and you have to teach a half hour of patriotic songs each week. The only accredited schools are the ones that have paid North Central Accrediting Assn. to come out and accredit them. You should have no problem transferring, if you don't like a free school, but the principal of the public school you go to might ask you funny questions.



DON'T GO BACK TO SCHOOL!

You ask, "Why not?" Here are just a few good reasons for your mind:

1. A group of people can teach you more than any teacher or teachers.

2. At school you are told that you'll receive an "A" for doing so much work perfectly. Do you want someone else to set your standards? No, you want to run your own mind. Don't You?

3. A school is a government owned organization paid for by the people. Doesn't it seem kinda strange that your

parents should be paying the government to teach you thru the schools what it wants too?

4. You say your parents tell you to go to school. Of course they do. They work for the government and they have been brainwashed thru their working years to see that you attend a school.

5. You say you don't think you're parents would think much of the idea of you dropping out of school. If you haven't got the guts to tell them off, how are we the people ever to get what we want?

(written by a fifteen year old who aint goin' back)

Free school

Like most other things, the Southside Free School began as an idea, a wish, a feeling and slowly grew into a conviction and finally a reality. Obviously, existing school systems have been failing in many ways. Faced with large systems designed to put all children through the same molded lock-step pattern, the individual and creative spirit of children is lost. Children are often stifled and embittered toward learning. Continually faced with failure in a competitive and impersonal atmosphere, they learn very little. No one has time or space to help or listen or inspire them as unique and beautiful people. We all need people to believe in us enough to expect things of us. We need people to help us grow in trust and love of ourselves as well as others. When this happens, we can begin to form a new community full of really alive and sensitive and strong persons.

So we are trying to create an alternative . . . small groups of children working and discovering together, children experiencing positive personal attention and freedom for individual development. We are beginning with a small group of not more than 30 children in grades 2 - 5. Our basic schedule includes small group and individual studies on such skill subjects as reading and math in the morning, and elective studies and special interest alternatives such as gym, art, cooking, carpentry, black history, science and music will make up the afternoon. We are operating from the basement of a church community building with a gym, wood-workshop, kitchen, 3 classrooms and many small workrooms. It is an excellent set-up to offer many choices and room for individual differences.

We would like very much for our school to be a community effort. So along with serving breakfast and lunch to families of children, we are asking each family to contribute to the support of the school in their own way. We are excited to begin something new and hopefully real.

If you would like information about registration, if you have talents or services to offer, or if you are just interested, please let us know.

Sandy Melchisedech
Pat Fellen
Eddie Fellen
3817 Chicago Av. So.
Minneapolis, 55407

GOING UPCOUNTRY

Now that it's September and the September supplement to the Whole Earth Catalogue will be out, maybe you should take a look at the July supplement which is available right now. The July catalogue, first of all, has a nice Whole Thing Catalogue right in the middle of it. The Whole Thing Catalogue is to help you get your head together, just as the Whole Earth Catalogue is access to tools to do it with. The Whole Thing is a good eye trip along with all sorts of good head stuff.

The Whole Earth Catalogue continues to be one of the best examples of what the people can do for the people when they get it all together. The writing is fantastic; it's a pleasure to read just for literary value. The main point of the catalogue is the information in it. The July supplement has a page on getting land with a special item on North Country land. The catalogue says that there is land available in St. Louis County in the Duluth area for \$2.50 to \$6.00 an acre. The re-

ALWAYS Whole Thing Catalog



there are old people who must be respected
there are old people who must be respected

viewer, who is from Detroit, got 20 acres with a cabin for \$500. For free information write to the County Auditor, St. Louis County Court House, Duluth, Minnesota. Add a quarter and you get a big map of the county. There is also information on leasing land in the Yukon and Northwest Territories and numerous other areas. See the Lands End page. The tools and other items reviewed in the catalogue are as always the best, the most basic, the least extraneous, and the highest quality. It's all woven together with the usual wealth of useful information on everything from organic gardening to constructing a biosphere. There are plans for stone houses and dome houses, an aboriginal sweat house (like a sauna), and a Swedish Compoter. Two things of special interest are the Amazing Tetrahedron Tent and the Handyboy Pliers (as universal as a vise grips) from the Diamond Tool and Horseshoe Company, Duluth.

Finally, be sure to cut out and post 39 Ways to Save the Earth, The Central Clearing House's contribution to the WEC.

Ralph

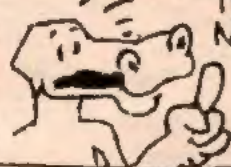
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SMOKING
STUFF

honey

Honey is one natural way of sweetening. It has a mild laxative affect, and the mineral content contributes to the alkaline reserve of the body. These are two properties which are lacking in both granulated and brown sugar.

The honey in super markets is pure "PROCESSED" honey. Avoid it! The honey, after having been extracted from the comb, is heated to get a higher separation of beeswax from the honey, and also to prevent granulation in the honey as it sits on the store shelf. Of course, it is better raw.

To be sure you are getting the maximum amount of vitamins and sweetening, replace your sugar jar with a honeycomb. Use honey instead of sugar in cooking. Honey will keep for a long time if sealed tightly and stored in a dry place. Low temperatures will promote granulation.

In buying pure NATURAL honey, contact a beekeeper in your area. If you ask him the following questions, you can be certain that the honey you get will be good.

1. How does he chase the bees from the hive.
2. When is the honey collected or what is the moisture content of the honey?
3. Does he have granulated or sugar honey?

This is a sign that the honey has not been heated.

Also, taste the jar you take home. Each batch of honey tastes different. Basswood, clover, alfalfa buckwheat and fall flower are a few -- Taste them all.

In cooking, reduce the liquid by 1/4 cups for each cup of honey. Use about two-thirds as much honey



when replacing sugar - example:
use 2/3 cup honey for one cup sugar.

Whole Wheat Bread (2 loaves)

2 cups milk or 1 cup milk- 1 cup water or 2 cups water
1 Tbsp. salt
1/4 cup shortening
1/4 cup honey
1 cake compressed or dry granulated yeast
5 1/2 cups (about) whole wheat flour finely ground

Scald milk and cool to lukewarm. Add salt and shortening. Put honey and yeast in mixing bowl; let stand until yeast is softened. Add milk and 2 cups flour. Beat thoroughly. Add another cup of flour and beat again. Add remainder of flour. Turn out on a floured board and knead until no longer sticky. About 8 minutes. Place in slightly greased bowl and let rise until double in bulk. Punch down and let rise again. Shape into two loaves and place in greased pans. Let rise for about 50 minutes or until nicely browned and loaf begins to shrink from pan. Keep dough at even temperature (85°) for rising.

Recipe from Old Favorite Recipes
American Honey Institute

This is a really super cake recipe: Eggless, all rye honey cake coxaigne.

Preheat oven to 350°. Heat in top of a double boiler until small bubbles appear through the mixture:

1/3 cup honey) 1/2 to 2/3 cup
3/4 cup water) or honey
1/2 cup sugar) 3/4 cup water

Remove from heat and beat into
2 cups very finely milled rye flour
1/2 teaspoon soda
2 teaspoons baking powder
(cream of tartar may be substituted for soda and powder)
1 tablespoon cinnamon
1/2 teaspoon each cloves and allspice
1/8 teaspoon cardamon

Beat 10 minutes in an electric beater. When thoroughly amalgamated, beat in:
1/4 cup nuts
1 tablespoon grated orange rind
1/4 to 1/2 cup finely chopped citron.

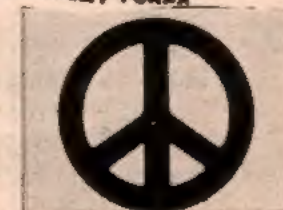
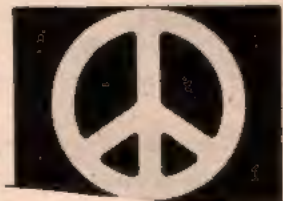
Place a pan of water on bottom shelf of the oven. Bake for about 1 hour. Cool; place in plastic bag or tin box and age it for three or more days before eating.

Lemon Sauce - optional topping
Combine and stir in a double boiler until thick:
1/4 cup honey
1 tablespoon cornstarch
1 cup water

Remove sauce from heat. Stir in:
2 to 3 tablespoons butter
1/2 teaspoon grated lemon rind
1 1/2 tablespoons lemon juice
1/8 teaspoon salt
Makes about 1 cup sauce.

Peace,

Steve and Cher



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In the Twin Cities area it is often difficult for a musician to find people to play with; people with whom he can grow and share. In an effort to correct this problem, Kenny Mason, a former bass player, is involved with the opening of the Music Manor.



The Music Manor will be a co-op for musicians, run as a non-profit corporation whose sole purpose will be to provide the exposure and surroundings in which musicians can grow, exchange ideas, jam together, and get exposure to types of music they may not be familiar with. (Oriental, African, worldfolk, etc)

Among the facilities which are being planned for the Music Manor are practice rooms, recording facilities, listening rooms, a sheet music and record library, instructional films and a gallery.

The problem so far is to find a house in South Megalopolis for the "Manor". If anyone can help in this area, it will be appreciated. Suggestions for the Music Manor, or anything you can help Kenny with, or just a card to tell him ya dig the idea can be sent to 1818 Park Avenue, Apt. 35, Mpls. Minn.

La azrus

FREE CRABAPPLES. Good for baking, real good for making wine, canning, & jelly. Lakewood Cemetery, 36th & Hennepin.

LOST: Riverside and Franklin area. Beautiful grey and white tomcat named Lucien. If he comes to your house, call 729-6783.



TIRED of your tape cartridges? Try to work a trade. 339-1048.



FOR SALE: Garrard synchro-lab 95 B Turntable, Allied 369 receiver, Allied 10" 3-way speaker system, & M 9 13E Shure cartridge. Almost new About \$350. Phone 339-7917--Julie.



CEDAR VILLAGE THEATRE:

Tuesday, Sept. 8th: The Downchilds, from Rochester and ??? Also Mark Grim, folksinger.

Thursday, Sept. 10th: Two bands + Terry Walhus Tai-chu-chuan demonstration.

COMING Sept. 29th: SORRY MUTHAS AND MOJO BUFORD BLUES BAND.

ADMISSION: always \$1.25. 8-12pm. Lites by CENTER OF CONSCIOUSNESS.

WATCH FOR: White Lightning, Pepperfog, Thundertree, Dead End, & Willy Murphy. For info, call 335-0339.

FOR SALE: Two re-cyclable bikes. Man's & woman's \$80 for both. New last spring. 331-5819. Leaving for B. C. soon.



NEW LEGAL HIGH! Air rides, \$5 per hour. For a real TRIP, get stoned and go flying on TRANS-LOVE AIRWAYS (Get you there on time!) Call Doug at 824-4760. Non-profit.



GIRLS need ride to West Coast. (No money.) Call 824-4760.



WANT CANNING EQUIPMENT. Call 522-8689



Tuesday, from 12 to 4 the Electric Fetus is having Communication and Self-Criticism. Come in and rap about what you want to see happen to your store. COME STONED. Everyone invited. Nothing bought or sold during this time. Seeking info on how to serve you better. If you think we're capitalistic or commercial, come in and tell us how to change.

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